

NEW MEXICO ACADEMY OF HEALING ARTS

1175-Hour Dual Massage and Polarity Therapy Program

SAMPLE SCHEDULE: September Semester Start or March Semester Start

The Academy reserves the right to change times, instructors and classes at any time.

WEEKS	TIMES	Term 1:					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
1. Sept 6-12	9-1pm						CPR/ 1st Aid Date: TBD 9 am - 5 pm
2. Sept 13-19							
3. Sept 20-26	1-2pm	Polarity Bodywork	Polarity Bodywork	Kinesiology/ AP	Polarity Bodywork	Comm. & Ethics 9 - 11am	
4. Sept 27-Oct 3		<i>L U N C H</i>					
5. Oct 4-10				Clinic Training 2:00-5:30pm			
6. Oct 11-17							
7. Oct 18-24							
8. Oct 25-30							

WEEKS	TIMES	Term 2:					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
1. Nov 8-14	9-1pm						Student Clinic Saturdays 8:45am-5:15pm wks: TBD
2. Nov 15-21		Polarity Bodywork	Polarity Bodywork	Energetic Nutrition & Stretching Postures	Polarity Bodywork	Business 1 9 - 11am	
Break Week Nov 22-28	1-2pm	Business 1 11 - 1 pm wks 2-6					
3. Nov 29-Dec 5		<i>L U N C H</i>					
4. Dec 6-12				Student Clinic 5:15-9:30pm		Student Clinic 3:45-8:00pm	
5. Dec 13-19 Holiday Break Dec 20-Jan 2							
6. Jan 3-9							
7. Jan 10-16							

WEEKS	TIMES	Term 3:					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
1. Jan 17-23	9-1pm						Student Clinic Saturdays 8:45am-5:15pm wks: TBD Craniosacral Date: TBD Sun. 5-9 pm Mon-Wed 9 am - 6 pm
2. Jan 24-30		Polarity Bodywork wks 2-6	Polarity Bodywork wks 2-7	Energ. Nutr. & Str. Post. wks 2-7	Polarity Bodywork	Comm. & Ethics 9-11am wks 1-3	
3. Jan 31-Feb 6	1-2pm					Business 2 9-11am wks 4-7	
4. Feb 7-13		<i>L U N C H</i>					
5. Feb 14-20				Student Clinic 5:15pm-9:30pm		Student Clinic 3:45-8:00pm	
6. Feb 21-27							
7. Feb 28-Mar 6							

Program Courses with Hours

POLARITY BODYWORK.....	288.0	PROFESSIONAL ETHICS & BUS. II	12.0
COMMUNICATION & ETHICS.....	32.0	PROFESSIONAL DEVELOPMENT.....	10.0
ENERGETIC NUTRITION	27.5	CRANIO-SACRAL.....	31.0
STRETCHING POSTURES	27.5	ORTHO-BIONOMY.....	15.5
ANATOMY AND PHYSIOLOGY	66.0	REFLEXOLOGY.....	17.5
ANATOMY AND KINESIOLOGY.....	139.0	STUDENT CLINIC (INC. TRAINING, 1ST AID/ CPR).....	229.5
BODY MECHANICS.....	27.0	POLARITY SESSIONS RECEIVED.....	15.0
MASSAGE.....	214.0		
PROFESSIONAL ETHICS & BUS. I	27.0	TOTAL HOURS	1178.5

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WEEKS	TIMES	Term 4:						
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun	
1. Mar 14-20	9-1pm	Monday	Tuesday	Wednesday	Thursday	Friday	Reflexology 1 Date: TBD 9 am - 6 pm Sat & Sun	
2. Mar 21-27		Massage						
3. Mar 28- Apr 3		or	Massage		Massage	Physiology/ AP 11 - 1pm		
4. Apr 4-10		Body Mechanics						
5. Apr 11-17		<i>L U N C H</i>						
6. Apr 18-24								
7. Apr 25-30								
8. May 2-8								

WEEKS	TIMES	Term 5:						
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun	
1. May 16-22	9-1pm	Monday	Tuesday	Wednesday	Thursday	Friday	Student Clinic Saturdays 8:45am-5:15pm wks: TBD	
2. May 23-29		Kinesiology/ AP wks 1-6	Massage wks 1-6	Kinesiology/ AP wks 1-6	Massage wks 1-6	Physiology/ AP 11 - 1pm		
3. May 30- June 5		Asian Med. Th. wk 7	Asian Med. Th. wk 7	Asian Med. Th. wk 7	Asian Med. Th. wk 7			
4. June 6-12		<i>L U N C H</i>						
5. June 13-19								
6. June 20-26								
7. June 27- July 3			Wk 5 Student Clinic 1:15-2:15 pm	Student Clinic 5:15-9:30pm		Student Clinic 3:45-8:00pm		

WEEKS	TIMES	Term 6:						
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun	
1. July 11-17	9-1pm	Monday	Tuesday	Wednesday	Thursday	Friday	Student Clinic Saturdays 8:45am-5:15pm wks: TBD	
2. July 18-24		Kinesiology/ AP	Massage	Kinesiology/ AP	Massage	Physiology/ AP 11 - 1pm		
3. July 25-31		or		or				
4. Aug 1-7		Prof. Devel.		Prof. Devel.				
5. Aug 8-14		<i>L U N C H</i>						
6. Aug 15-21								
7. Aug 22-28			Wk 2 Student Clinic 1:15-2:15 pm	Student Clinic 5:15-9:30pm		Student Clinic 3:45-8:00pm		Ortho-Bionomy Date: TBD 9 am - 5:30 pm Sat & Sun