

# NEW MEXICO ACADEMY OF HEALING ARTS

## 700 HOUR SOMATIC POLARITY THERAPY PROGRAM

### SAMPLE SCHEDULE: March Semester Start or September Semester Start

*The Academy reserves the right to change times, instructors and classes at any time.*

WEEKS	TIMES	Term 1:					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/ Sun
1. Mar 14-20	9-1pm						
2. Mar 21-27							
3. Mar 28-Apr 3		Polarity Bodywork	Polarity Bodywork	Kinesiology/ AP	Polarity Bodywork	Comm. & Ethics or Physiology/ AP 11-1 pm	CPR/ 1st Aid Date: TBD Sat.
4. Apr 4-10	2 - 5:30	<i>L U N C H</i>					
5. Apr 11-17							
6. Apr 18-24				Clinic Training 2:00-5:30 pm			
7. Apr 25-30							
8. May 2-8							

WEEKS	TIMES	Term 2:					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/ Sun
1. May 16-22	9-1pm						
2. May 23-29		Polarity Bodywork or Business 1	Polarity Bodywork	Energetic Nutrition & Stretching Postures	Polarity Bodywork	Business 1 or Physiology/ AP	Student Clinic Saturdays 8:45am-5:15 pm wks TBD
3. May 30-June 5		<i>L U N C H</i>					
4. June 6-12	9-1pm						
5. June 13-19							
6. June 20-26			wk 5 Student Clinic 1:15 - 2:15 pm	Student Clinic 5:15-9:30 pm		Student Clinic 3:45-8:00 pm	
7. June 27-July 3							

WEEKS	TIMES	Term 3:					
		Monday	Tuesday	Wednesday	Thursday	Friday	Sat/ Sun
1. July 11-17	9-1pm						
2. July 18-24		Polarity Bodywork or Prof. Devel.	Polarity Bodywork	Energ. Nutr. & Str. Post. or Prof. Devel.	Polarity Bodywork	Comm. & Ethics or Business or Physiology/ AP	Student Clinic 8:45 am - 5:15 pm wks TBD
3. July 25-31		<i>L U N C H</i>					
4. Aug 1-7	9-1pm						Ortho-Bionomy Date: TBD Sat/Sun
5. Aug 8-14							
6. Aug 15-21			wk 2 Student Clinic 1:15 - 2:15 pm	Student Clinic 5:15-9:30 pm		Student Clinic 3:45-8:00 pm	Craniosacral Date: TBD Sun. 5-9 pm Mon-Wed 9 am - 6 pm
7. Aug 22-28							

### Program Courses with Hours

POLARITY BODYWORK.....287.0	PROFESSIONAL ETHICS & BUS. I .....27.0
COMMUNICATION & ETHICS.....32.0	PROFESSIONAL ETHICS & BUS. II .....12.0
ENERGETIC NUTRITION .....27.5	PROFESSIONAL DEVELOPMENT.....10.0
STRETCHING POSTURES .....27.5	CRANIO-SACRAL.....30.5
ORTHODOX ANATOMY .....106.0	STUDENT CLINIC.....124.5
ORTHO-BIONOMY.....15.5	POLARITY SESSIONS RECEIVED.....15.0
	<i>TOTAL HOURS</i> .....714.0