

# WHOLISTIC BODYWORK

## 1000 Hour Daytime Massage Certification Program

### Sample Schedule

#### Semester I - 16 weeks

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 - 12	<b>CORE INTEGRATION</b> <i>NMAHA Faculty</i> Wks 1 - 8  <b>PROFESSIONAL ETHICS &amp; BUSINESS I</b> <i>NMAHA Faculty</i> Wks 9 - 16	<b>ANATOMY &amp; PHYSIOLOGY I</b> <i>NMAHA Faculty</i>	<b>COMMUNICATIONS &amp; PROFESSIONAL ETHICS I</b> <i>NMAHA Faculty</i>	<b>BODY MECHANICS I</b> <i>NMAHA Faculty</i> Wks 3-6, 13, & 14 <i>NORTH</i>  <b>ANATOMY &amp; PHYSIOLOGY I</b> <i>NMAHA Faculty</i> Wks 1-2, 7-12, 15, & 16	<b>CLINIC TRAINING</b> <i>NMAHA Faculty</i> Wks 1 - 5 9 - 4:30  <b>STUDENT CLINIC</b> <i>NMAHA Faculty</i> Wks 6 - 16 (hours to be assigned)
12 -1:30	<i>L U N C H</i>				
1:30 - 5	<b>MESSAGE I</b> <i>NMAHA Faculty</i>	<b>MESSAGE I</b> <i>NMAHA Faculty</i>	<b>ANATOMY &amp; PHYSIOLOGY I</b> <i>NMAHA Faculty</i>	<b>MESSAGE I</b> <i>NMAHA Faculty</i>	

#### Semester II - 16 weeks

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 - 12	<b>BODY MECHANICS II</b> <i>NMAHA Faculty</i>	<b>ANATOMY &amp; PHYSIOLOGY II</b> <i>NMAHA Faculty</i>	<b>COMMUNICATIONS &amp; PROFESSIONAL ETHICS II</b> Wks 1-11  <b>PROFESSIONAL ETHICS &amp; BUSINESS II</b> <i>NMAHA Faculty</i> Wks 12-16	<b>ORTHO-BIONOMY</b> <i>NMAHA Faculty</i> Wks 1 - 8 <b>9am - 12:30 pm</b> ..... <b>Morning Off</b> Wks. 9 - 16	<b>STUDENT CLINIC</b> <i>NMAHA Faculty</i> Wks 1 - 15 (hours to be assigned)
12 -1:30	<i>L U N C H</i>				
1:30 - 5	<b>MEDICAL MASSAGE</b> <i>NMAHA Faculty</i>	<b>SHIATSU</b> <i>NMAHA Faculty</i>	<b>MEDICAL MASSAGE</b> <i>NMAHA Faculty</i>	<b>Afternoon Off</b>	